

Bernadette Flynn, DO

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Objective

Board certified family physician with additional certification in lifestyle medicine, establishing a nonprofit clinic to meet health care needs in Bedford County, Pennsylvania.

Experience

Saint Joseph Clinic, Everett, PA	05/15/2020 - present
Founding nonprofit corporation to provide whole-person primary care and healthy living education to insured and uninsured individuals in Bedford County.	
Locum Tenens	05/15/2020 - present
Home visits for Medicare Advantage plan members, and temporary assignments while building practice at Saint Joseph Clinic.	
James E. Van Zandt VA Medical Center, Altoona, PA	11/12/2019 - 05/15/2020
Staff Physician, Primary Care. Provided preventive and chronic care for veterans, including a subset with spinal cord injury.	
Locum tenens	10/03/2019 - 10/11/2019
Damian Health Center, Rhinebeck, New York, through Consilium Staffing. Provided acute and chronic care for patients.	
Career note: Time off and job search	07/02/2019 - 10/02/2019 10/12/2019 - 11/11/2019

Postgraduate Training

UPMC - Altoona Family Physicians, Altoona, PA	07/02/2017 - 07/01/2019
Family Medicine Residency. Provided outpatient care for children and adults at a Patient Centered Medical Home. Provided preventive care and helped patients manage chronic diseases. Ordered labs and tests, admitted patients and provided continuity of care following discharge.	
Stony Brook University, Stony Brook, NY	07/01/2016 - 07/01/2017
General Preventive Medicine and Public Health, PGY-2. Rotations included Nassau County Department of Public Health, Northport VA Medical Center and Brookhaven National Lab.	
UPMC - Altoona Family Physicians, Altoona, PA	07/01/2015 - 06/30/2016
Traditional Rotating Internship. Provided care for children and adults in outpatient and inpatient settings.	
Walter Reed National Military Medical Center, Bethesda, MD	07/01/2013 - 06/15/2014
Transitional Year Internship. Resigned for medical reasons. Continued active duty through July 2015 (see Military Service).	

Education

Master of Public Health, Health Analytics Option Stony Brook University, Stony Brook, New York 30 out of 45 credits earned, currently on leave due to relocation.	07/01/2016 - 07/01/2017
Graduate Certificate in Bioethics National Catholic Bioethics Center, Philadelphia, Pennsylvania	09/01/2016 - 05/30/2017
Doctor of Osteopathic Medicine Lincoln Memorial University-DeBusk College of Osteopathic Medicine, Harrogate, Tennessee	08/1/2009 - 05/11/2013

Military Service

U.S. Army, Bethesda, Maryland Captain, Medical Corps, at Walter Reed National Military Medical Center and Armed Forces Institute of Pathology - Assisted with data collection and quality control for research on adverse drug effects and chemical exposure registries. Honorable discharge.	05/11/2013 - 07/5/2015
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Licenses and Certifications

American Board of Family Medicine, 1036372799	07/02/2019 - continuous
American Osteopathic Board of Family Physicians, 20030	08/06/2019 - 12/31/2028
Pennsylvania Osteopathic Medicine, OS018497	12/14/2016 - 10/31/2020
New York State Physician, 301210	09/16/2019 - 08/31/2021
American Heart Association BLS Provider	05/29/2020 - 05/30/2022
American Heart Association ACLS Provider	10/27/2018 - 10/31/2020
American Heart Association PALS Provider	03/13/2019 - 03/31/2021

Publications, Presentations and Research

Poster presentation, Glycemic control in a family practice-based diabetes clinic, UPMC Family Medicine Scholarship Day	May 2019
Poster presentation, Opioid-related overdose deaths and town demographics in Suffolk County, New York, Interdisciplinary Association for Population Health Science meeting	October 2017
Systematic review, Effectiveness of approaches to dietary behavior change (unpublished)	May 2017

Professional Memberships

American Academy of Family Physicians, American Osteopathic Association, American College of Lifestyle Medicine