

Dr. Kathryn L. Mattson, DC, MSACN

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EDUCATION

Doctor of Chiropractic-2010

New York Chiropractic College, Seneca Falls, NY

Cumulative GPA of 3.4

Consecutively named to New York Chiropractic College's Dean's List

Secretary of Sports Science and Human Performance Club and Student Government Association

Master of Science in Applied Clinical Nutrition-2010

New York Chiropractic College, Seneca Falls, NY

Cumulative GPA of 3.3

Bachelor of Science-2007

State University College at Binghamton, Binghamton, NY

Concentration in Chemistry, Minor in Biology

Cumulative GPA 3.0

RELATED EXPERIENCE

Chiropractic Intern, Seneca Falls and Campus Health Centers, New York Chiropractic College, Seneca Falls, NY, 2009-2010

Provided chiropractic to students and outpatients under the supervision of multiple DC's

Developed patient communication skills to effectively educate about care and maintain trust within the doctor-patient relationship

St. Joseph's Neighborhood Center Clinic Rotation and Mercy Outreach Center Clinic Rotation, Rochester, NY, January-February 2010

Managed complex cases including chronic pain, co-morbidities, language barriers, domestic violence and polypharmacy

Bath Veterans Hospital, Bath, NY, June-July 2010

Rehabilitated and managed chronic pain veteran patients in a hospital setting with further complexities of co-morbidities, polypharmacy, PTSD, addictions and lifelong service-related disabilities

Monroe Community Hospital, Rochester, NY, March-April 2010

Co-managed patients with communication and physical restriction barriers involved with multiple sclerosis, stroke, severe spinal cord injuries and amyotrophic lateral sclerosis alongside physical and occupational therapy in a hospital setting

Sports Science and Human Performance Club Intern, 2009-2010

Provided complimentary chiropractic care to college, amateur and professional athletes pre and post-performance including the Head of the Fish Invitational in Rochester, NY and the Cayuga Triathlon in Ithaca, NY

Dopps Chiropractic Clinic, Park City, KS, 1/2011-11/2011

Independent Contractor, Doctor of Chiropractic

Greenleaf Chiropractic, Wichita, KS, 12/11-5/12

Independent Contractor, Doctor of Chiropractic

Head to Toe Fitness Studio, Downsville, NY, 7/12-12/13

Instructor for fitness classes, Doctor of Chiropractic

Healthlinks at Foxcare, Oneonta, NY, 11/14-11/15

Independent Contractor, Doctor of Chiropractic

Process Crossfit, Oneonta, NY, 5/17-5/18

Independent Contractor, Doctor of Chiropractic

River House, Delhi, NY, 6/13-present

Independent Contractor, Doctor of Chiropractic

Catskill Kettlebells, Delhi, NY, 8/16-present

Instructor

CONTINUING DEVELOPMENT

Manual Soft Tissue Therapy Technique Workshop

Myofascial Release

Ethics and Documentation 12 CEUS every 3 years

Concerns in the Crossfit Athlete

Professional Boundaries in Sports

Nutrition for Athletes

PROFESSIONAL PRESENTATIONS

“Eating Disorders in Athletes”

“Nutrition Made Simple”

“Osteoarthritis”

“Nutritional Support for Lyme Disease”

“Fast and Healthy Weight Loss”

“Nutrition for Multi-Fetal Pregnancies”

“Nutrition for the Every Day Athlete”

LICENSES AND CERTIFICATIONS

Licensed in NY

National Board of Chiropractic Examiners

Parts I, II, III, Physiotherapy and IV completed

AFFILIATIONS

Best Dam 5K Committee

Lions Club, Downsville, NY Chapter

WORK EXPERIENCE

Lab Assistant, June 2002-March 2015

Freisland-Campina DOMO, Delhi, NY

Performed research and collaborations in Research and Development Lab, Analytical Chemistry Lab, Quality Control Lab and Microbiology Lab.

References Available Upon Request