

CURRICULUM VITAE

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Statement of Teaching Philosophy

My philosophy of teaching is multifaceted because students are multifaceted. Each student is an individual, diverse and unique. Each brings their own experiences and reasons both for attending the college/university and exploring major(s)/professions. I take a student-centered approach to teaching, focusing on those experiences and reasons, encouraging students in their exploration. Meaning, that I work to meet students where they are in order to provide effective feedback, support, and encouragement that hopefully leads to their academic success. Since everyone learns differently, I strive to tailor the course material to meet the needs of a variety of learning styles. We are partners in the learning process and educational journey, so I work to reinforce with students that I am there to help them learn. Student retention is also a focus, and it falls to the educator to get to know the student and to encourage them in their unique pursuit of knowledge. That is done, at least in part, through developing a student-teacher relationship with effective communication and encouraging students to engage in discussing course topics, thoughts, and ideas.

I endeavor to have a student-centered classroom environment and to create a supportive and collaborate learning experience. Drawing from over 25 years of experience in a wide variety of settings, I am able to apply theory and knowledge to real-world settings to help students gain new understanding, not only of theory, but also in practice. My goal is to ignite a passion for learning that goes beyond the classroom, and helps students turn a quest for knowledge into a passion for learning that lasts throughout their lifetime.

EDUCATION

<i>PhD: Psychology</i> Northcentral University	2017 Prescott Valley, AZ
<i>Master of Science: Rehabilitation Counseling</i> University of South Alabama	1986 Mobile, AL
<i>Bachelor of Arts: Psychology/Communications</i> University of South Alabama	1984 Mobile, AL

EXPERIENCE

Online Tutor

Mobile, AL

BrainFuse

2018 – Present

- Utilized the BrainFuse whiteboard online platform, provide tutoring for
 - Elementary Writing
 - Intermediate Writing
 - High School Writing
 - College Writing
 - Psychology
- Utilized positive and constructive tone in comments in order to encourage students
- Provided students with tools, resources, and feedback to help improve writing skills

Licensed Professional Counselor

Mobile, AL

Private Practice

2000 – Present

- Conducted comprehensive initial biopsychosocial assessments and developed comprehensive treatment plan
- Prepared evaluations and reports based upon assessments
- Interacted with external resources such as schools, Department of Human Resources and/or community personnel
- Organized experiential interventions and taught anger management, relaxation, impulse control, social, emotional coping, and functional living skills/techniques
- Diagnosed mental health, emotional and substance abuse disorders.
- Conducted vocational evaluations, labor market surveys, and job site analysis
- Prepared documentation of work related to evaluations
- Provided community education, continuing education for various disciplines (i.e., foster parents, residential care workers, social workers, counselors, etc.)
- Reviewed and synthesized medical records and other relevant information related to workers compensation cases
- Prepared for and provided expert testimony in workers compensation cases
- Prepared for and provided expert testimony in juvenile court for custody cases

Content Specialist
The University of Alabama

Tuscaloosa, AL
2005

- Co-facilitated course (Family Oriented Practice) in a remote/online/hybrid classroom
- Utilized learning technologies to maintain open communication with students
- Prepared lectures and encouraged discussion focusing on specific topics such as: family dynamics; constructing genograms and timeline; effective communication; family systems theory
- Provided substantive comments and entered specific feedback for any point deductions in the rubric
- Utilized positive and constructive tone in grading comments in order to encourage students to improve
- Provided students with additional tools and resources to help improve learning
- Incorporated real life experiences into the classroom to create relevancy to the concepts

Licensed Professional Counselor
Carlise & Associates

Mobile, AL
1999 – 2006

- Conducted vocational evaluations, labor market surveys, and job site analysis
- Utilized assessment tools (IQ Tests, Achievement Tests, Interest Inventories, etc.) to explore abilities and aptitudes related to employment opportunities
- Prepared documentation of work related to evaluations
- Provided case management services for injured workers at the request of referral source, consulting with medical personnel (physicians, physical therapists, etc.) regarding progress of injured workers and work status
- Maintained contact with referral source, keeping them up-to-date with progress of the case
- Reviewed and synthesized medical records and other relevant information related to workers compensation cases
- Prepared for and provided expert testimony in workers compensation cases

Director of Family Therapy
Charter Behavioral Health System

Mobile, AL
1994 – 1998

- Managed team of therapists, counselors, and social workers in an inpatient psychiatric setting, evaluated team member performance and offered constructive feedback
- Mentored less experienced case managers and therapists
- Acted in concert with multi-disciplinary treatment team to enact treatment plan
- Charted and recorded information in client files including treatment plans, treatment reports and progress notes
- Taught clients anger management techniques, relaxation skills, impulse control, social skills, emotional coping skills and functional living skills
- Organized treatment interventions such as experiential therapy activities that focused on problem solving skills and creative thinking
- Provided community education, continuing education for various disciplines (i.e., foster parents, residential care workers, social workers, counselors, nurses, etc.)
- Created and reviewed master treatment and discharge plans for each client
- Conducted individual sessions with clients, aiding them in understanding illnesses and treatment plans
- Led patients in individual, family and group therapy sessions

Therapist
Charter Academy

Mobile, AL
1993 – 1994

- Designed and implemented treatment program, addictions program, trauma program and dual diagnosis program for adolescents in a residential treatment program
- Conducted comprehensive intake assessments
- Charted and recorded information in computerized medical record including treatment plans, treatment reports, and progress notes
- Organized treatment interventions and taught clients feelings identification and healthy expression, relaxation, impulse control, communication, social, emotional coping, problem solving, and creative thinking skills and techniques
- Designed and developed comprehensive group treatment program for the chemical dependency portion of the treatment program
- Facilitated parent support groups that addressed topics such as positive discipline and parenting styles
- Analyzed progress in older male adolescent residents, evaluated job readiness, and worked with staff within the facility to provide job experience for clients prior to planned discharge
- Guided clients in understanding illnesses and treatment plans
- Participated in a multi-disciplinary treatment team
- Diagnosed mental health, emotional and substance abuse disorders

Counselor
St. Vincent DePaul School

Mobile, AL
1992 - 1993

- Routinely met with students and teachers regarding in-class issues and learning interruptions to discuss solutions
- Quickly responded to crisis situations when mental health and/or behavioral issues arose
- Combined discipline plan (natural and logical consequences of behaviors) with effective measures and various plans to increase concentration, participation, and progress student accountability
- Acted as substitute teacher for classes as needed
- Conducted classroom sessions educating students in problem-solving, social skills, communication skills, and coping skills

Therapist
Mobile Mental Health Center

Mobile, AL
1988 - 1993

- Designed therapeutic program for runaway shelter and short-term treatment program
- Oversaw the intake process for all new residents and conducted comprehensive initial biopsychosocial assessments including needs assessment for client and family
- Coordinated discharge planning to create smooth transitions into the community, referring clients to partner agencies for additional services and aftercare
- Managed a caseload of between 8 – 16 adolescents in a runaway shelter facility offering mental health treatment and discharge planning
- Interacted with external resources such as school or community personnel
- Collaborated with team members to identify and accomplish agency objectives
- Educated residents and families about available services and resources
- Referred families to food banks, financial assistance programs, employment and training support and health services
- Taught clients anger management techniques, relaxation skills, impulse control, social skills, emotional coping skills and functional living skills
- Provided community education, continuing education for various disciplines (i.e., foster parents, residential care workers, social workers, counselors, nurses, etc.)
- Organized interventions that focused on problem solving skills and creative thinking
- Diagnosed mental health, emotional and substance abuse disorders
- Prepared for and provided expert testimony in juvenile court for custody cases

SKILLS

- Therapeutic expertise
- Addictions specialist
- Solution-focused counseling
- Clinical documentation mastery
- Parenting skills educator
- Dual Diagnosis, Trauma, Sexual abuse, Attachment theory/practice treatment expertise
- Practiced in providing services to children/adolescents in foster care and children/adolescents and families in process of adoption
- Expert testimony in Workers Compensation matters and in juvenile court custody matters
- Practiced in providing educational/in-service training for therapists, counselors, social workers, nurses, volunteer trauma counselors and foster parents
- Detailed oriented
- Ability to excel in a demanding outcome-oriented, and dynamic work environment
- Responsive to the needs of students, offering a genuine interest in their success
- Ability to incorporate a variety of teaching styles and adapt instruction to students with diverse learning styles
- Committed to high student achievement and increased comprehension by offering detailed and specific feedback
- Ability to communicate simply and precisely what is needed to succeed in the course
- Keen ability to connect with students on a personal level – compassionate and sensitive to students' needs and committed to motivate students during difficult times

LICENSE/CERTIFICATIONS

Licensed Professional Counselor
Alabama Board of Examiners in Counseling

National Certified Counselor
National Board for Certified Counselors, Inc.

Master Addiction Counselor
National Board for Certified Counselors, Inc.

Certified Rehabilitation Counselor
The Commission on Rehabilitation Counselor Certification

PUBLICATIONS

God Concept/God Image and Attachment: A Qualitative Study
Dissertation Manuscript (2017)